BBC LEARNING ENGLISH

6 Minute English worksheet

Should we cycle more?



Listen to the full episode here: https://bbc.in/4vJVqZB

1. **Look at the cover image and title of the episode. What do you think this episode is about? What do you know about this topic already? What vocabulary do you associate with this topic?**

2. **Now listen to the first two minutes of the episode.**
   - What do the presenters say the episode is about?
   - What is this week's question? What do you think the answer is?

3. **Now listen to the whole episode. As you listen, write down the six items of vocabulary. What do they mean?**

a) Word/phrase: _____

It means: _____.

b) Word/phrase: _____

It means: _____.

c) Word/phrase: _____

It means: _____.

d) Word/phrase: _____

It means: _____.

e) Word/phrase: _____

It means: _____.

f) Word/phrase: _____

It means: _____.

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4. What did you learn that was surprising or new in this episode?

5. Answer the quiz questions. Listen again or use the transcript to help you.

1. Which European country is mentioned in the programme for its well-established cycling culture?
   a) Spain
   b) The Netherlands
   c) Poland

2. Which phrase means 'well-established and unlikely to change'?
   a) deeply divided
   b) deeply embarrassed
   c) deeply ingrained

3. Which word could you use to describe an important event in someone's life?
   a) milestone
   b) millstone
   c) stepping stone

4. Which city mentioned in the programme has built 600 kilometres of cycle tracks to promote cycling?
   a) Dubai
   b) Amsterdam
   c) Abu Dhabi

5. "I'm so glad I decided to leave London and move to the seaside. There's less pollution, it's much cheaper, and the overall _____ is better!"
   a) quality of life
   b) meaning of life
   c) requirements for life

6. Which phrasal verb describes something which 'suddenly became popular or successful'?
   a) took over
   b) took out
   c) took off

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6. Write your own sentences using the vocabulary.

7. Answer the following questions.

- What are three things you have learnt from this episode?
- How does this topic make you feel?
- Give three examples relevant to your life using the vocabulary.

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Answers

3.

a. deeply ingrained – firmly established within a person or a culture and unlikely to change

b. take off – (phrasal verb) suddenly become popular or successful

c. milestone – important event in someone's life or in the development of something

d. quality of life – level of enjoyment, comfort and health a person experiences; measure of a person's overall wellbeing

e. liveability – degree to which a place is suitable or pleasant for living in

f. a copy and paste – an exact copy of something, which is then moved and put somewhere else

5. 1b, 2c, 3a, 4a, 5a, 6c

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Teacher's notes
This worksheet is standardised so that you can amend and use it as appropriate with your classes.

Some topics may be difficult for learners, especially those which could be upsetting or cause offence. Please be mindful of this when using this worksheet and adapt it as necessary.

Extension activities

- Role-play an interview with an 'interviewer' and an 'expert' on this topic.
- Write a short story or article using the vocabulary from this episode.
- Read original articles on this topic.
- For homework: If it is available in your country, download and listen to the original podcast these extracts were taken from.

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