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# BBC LEARNING ENGLISH

## 6 Minute English worksheet

### Limiting screen time for children

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Listen to the full episode here: <https://bbc.in/4tB8JJE>

- 1. Look at the cover image and title of the episode. What do you think this episode is about? What do you know about this topic already? What vocabulary do you associate with this topic?**
- 2. Now listen to the first two minutes of the episode.**
  - What do the presenters say the episode is about?
  - What is this week's question? What do you think the answer is?
- 3. Now listen to the whole episode. As you listen, write down the six items of vocabulary. What do they mean?**

a) Word/phrase: \_\_\_\_\_  
It means: \_\_\_\_\_.

b) Word/phrase: \_\_\_\_\_  
It means: \_\_\_\_\_.

c) Word/phrase: \_\_\_\_\_  
It means: \_\_\_\_\_.

d) Word/phrase: \_\_\_\_\_  
It means: \_\_\_\_\_.

e) Word/phrase: \_\_\_\_\_  
It means: \_\_\_\_\_.

f) Word/phrase: \_\_\_\_\_  
It means: \_\_\_\_\_.

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**4. What did you learn that was surprising or new in this episode?**

**5. Answer the quiz questions. Listen again or use the transcript to help you.**

1. What Dr Emily Goodacre consider when designing products for children?
  - a) how parents will be able to observe the use of the product
  - b) the different stages for learning and development
  - c) whether governments deem them suitable for children
2. Dr Emily Goodacre thinks that...
  - a) children shouldn't have any access to technology.
  - b) technology is okay, it just needs to be used with intention.
  - c) there's absolutely nothing wrong with children using technology.
3. Dr Becky Kennedy has found that parents...
  - a) don't care at all about how children use technology.
  - b) have some concerns about how children use technology.
  - c) really want to know about how children use technology.
4. Dr Becky Kennedy, parents must make \_\_\_\_\_ changes to help reduce children's screen time.
  - a) small
  - b) big
  - c) no
5. What might make a child want to use their technology more?
  - a) They can hear it.
  - b) They can see it.
  - c) They can smell it.
6. Having the technology out of sight sets the child up for \_\_\_\_\_.
  - a) confusion
  - b) failure
  - c) success

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**6. Write your own sentences using the vocabulary.**


**7. Answer the following questions.**

- What are three things you have learnt from this episode?
- How does this topic make you feel?
- Give three examples relevant to your life using the vocabulary.

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#### Answers

3.

- a. intentional - acting with that plan or reason in mind
- b. the bar needs to be higher - make your expectations higher
- c. enable - encourage someone's ability to do something, or to make something possible
- d. eager - want to do or have something very much
- e. shift - a small change
- f. set someone up for something - prepare someone for something

5. 1b, 2b, 3b, 4a, 5b, 6c

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#### Teacher's notes

This worksheet is standardised so that you can amend and use it as appropriate with your classes.

Some topics may be difficult for learners, especially those which could be upsetting or cause offence. Please be mindful of this when using this worksheet and adapt it as necessary.

#### Extension activities

- Role-play an interview with an 'interviewer' and an 'expert' on this topic.
- Write a short story or article using the vocabulary from this episode.
- Read original articles on this topic.
- For homework: If it is available in your country, download and listen to the original podcast these extracts were taken from.